



HEALTH TALK



SPORTS INJURY AND PAIN MANAGEMENT

Panel Speaker:

Dr. Leong Wan Hee

Consultant, Orthopaedic, Arthroscopic,
Sports Surgeon
Timberland Medical Centre

Saturday, 21 April 2018

1.00pm – 3.15pm

Sarawak Golf Club

**Free Health Screening
Complimentary Goody Bags
MAX – 50 PAX
(ON FIRST COME,
FIRST SERVED BASIS)**

REMARKS: RSVP REQUIRED

PLEASE REGISTER AT THE COMPETITION REGISTRATION COUNTER



TIMBERLAND MEDICAL CENTRE HEALTH TALK FOR KGS MEMBERS

Saturday, 21st April 2018

Dear Esteemed Members,

We are pleased to inform you that Timberland Medical Centre would be conducting Health Talk and Free BMI check, Glucose check, Osteoporosis check and Blood Pressure on Saturday, 21st April 2018 from 1.00 pm to 5.00 pm at the Golfers Lounge. Maximum number of pax would be 50 on first come, first served basis.

Append below is the programme for your kind information.

Doctors

Doctor 1: Dr. Lee Wan Hee – Orthopaedic, Arthroscopic, Sports Surgeon

Doctor 2: Dr. Dennis Yu – Orthopaedic Surgeon

Tentative Programme:

1.00 – 2.00 pm: Registrations (goody bags distribution) & Free Health Screenings

2.00 – 2.15 pm: Opening speech by TMC Chief Marketing Officer, Mr. Aw Tai Jak

2.15 – 3.00 pm: Talk by Dr Lee Wan Hee, Q&A

3.00 – 3.30 pm: Intermissions and Refreshments

3.30 – 4.15 pm: Talk by Dr. Dennis Yu, Q&A

4.15 – 4.30 pm: Appreciation & Adjournment

4.30 – 5.00 pm: Closing & END

KGS Members are cordially invited to attend the above session.

Thank you.

KGS Management
15th March 2018

**Dr Leong Wan Hee**

Orthopaedic, Arthroscopic, Sports Surgeon
Visiting Consultant

MBBS (UM) (2000), Orthopaedic Surgery Registrar (Sarawak General Hospital) (2008), Orthopaedic Surgery Registrar (UMMC) (2010), Master of Surgery (Orthopaedic) (2010), Arthroscopic and Sports Surgery Fellowship (2015), Knee and Shoulder Arthroscopic Fellowship (Beijing Jishuitan Hospital) (2015), NSR No. 132298

Clinic Hours:

Saturday: 8.30am – 1.00pm

Phone: 012 – 808 1076

Email: leongwanh@hotmail.com

Location: Suite 30, Level 1, Block B, TMC

Work Experience:

Orthopaedic & Trauma Surgeon (Sarawak General Hospital)

Visiting Arthroscopic & Sports Surgery Consultant (Timberland Medical Centre)

Clinical focus:

- Knee osteoarthritis
- Sports injury
- Rheumatoid arthritis
- Torn cartilage
- Torn ligaments

Procedure focus:

- Fracture fixation
- Orthopaedic trauma surgery
- Trauma surgery
- Sports surgery